

# REMEDY REALM: NIGELLA SATIVA

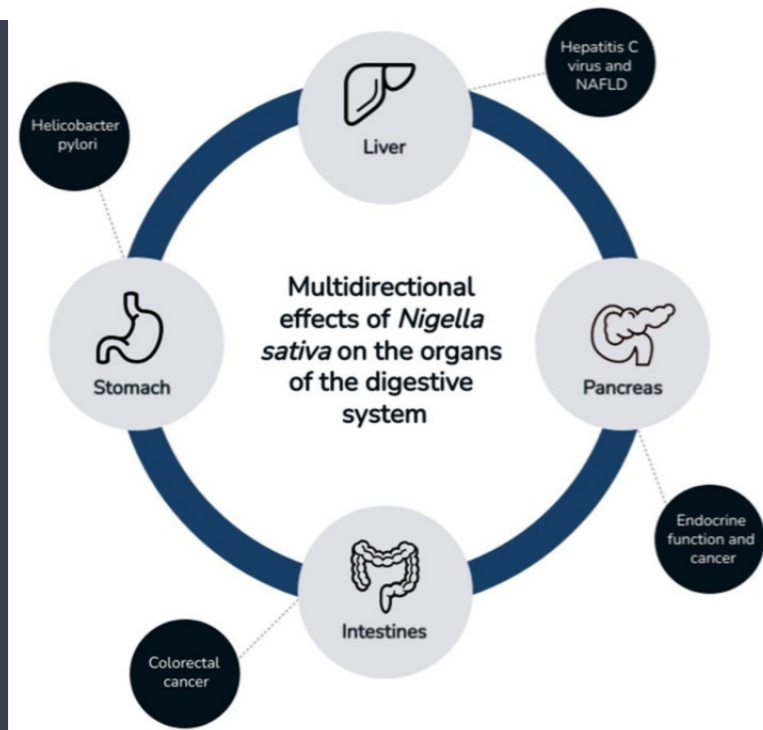


## NIGELLA SATIVA

- Also known as Black Seed oil, comes from black cumin seeds, known in Arabic as 'Al Habba Al-Sauda'
- Contains hundreds of compounds from amino acids, essential fatty acids, beta carotene, calcium, iron, potassium
- Contains protein keratin which is converted into Vitamin A in the body
- Constitutes a uniquely potent, and **bioactive compound** called **THYMOQUINONE (TQ)**
- This compound when extracted from its seeds and oil are effective against many diseases like cancer, cardiovascular complications, diabetes, asthma, kidney disease etc. It is effective against cancer in blood system, lung, kidney, liver, prostate, breast, cervix, skin with much safety
- Its antioxidant role improves body's defense system, induces apoptosis and controls Akt Strain Transforming (Akt) - also known as Protein Kinase B (PKB) pathway
- Akt cell signaling plays a critical role in controlling cell survival and apoptosis

## BENEFITS:

- Enhances immune system
- Study showed **people treated with black seed oil for 4 weeks had a 30% increase of NK Natural Killer cells**
- Stops cancer cells from dividing and spreading and prevents tumors from forming new blood vessels causing cancer cells to commit suicide
- Stops proliferation, metastasis, angiogenesis and causes apoptosis on over a dozen types of cancer: breast, colon, lung, skin, esophageal, pancreatic, ovarian, cervical, and leukemia
- Fights infections
- Helps reduce the length and impact of common diseases of children
- Supports thyroid function
- Improves insulin receptor pathways
- Improves blood sugar balance
- Lowers LDL
- Lowers systolic and diastolic BPs
- Has a relatively potent anti-asthmatic effect on asthmatic airways
- Supports non-alcoholic fatty liver disease
- Supports cardiovascular health
- Supports lactation
- Reduces inflammation
- Reduces oxidative stress in rheumatoid arthritis
- Supports digestive health - multidirectional effects include liver, pancreas, stomach, intestines



**THE MIRACLE HERB OF  
THE MIDDLE EAST!**