



HOW I HELPED A CLIENT WITH NEUROPATHY/SWELLING

Our feet carry us a journey through the world on daily basis.

The soles of our feet, that represent our spine, allow us to stand erect from the moment we take our first steps until the last, when we hope the journey has been a well-travelled life.

When nerves are suffocated due to various reasons, they run out of oxygen and pain keeps getting worse and worse until all feeling is lost in the feet.

If pain and tingling are there, it is still good news. Blood flow to the feet can be increased and much needed oxygen can be sent to the nerve cells.

Here is how:

7 days, 25 mins/day (On site)

Red light therapy:

- To emit the penetrable wavelength parameters of IR/NIR light, applied in close proximity, to the affected areas of the foot
- Attended to mitochondria level

PEMF therapy:

- To help modulate neuropathic **pain** and nerve impulse
- To stimulate **nerves cells**
- To improve **neurite growth** and nerve regeneration (neuronal cells that develop into axons)
- To modulate inflammation in **macrophages** (which play a crucial role in eliminating diseased and damaged cells)
- To help improve **microcirculation** by decreasing hypoxia to the fibrotic tissue as a result of nerve injury, and reducing ischemia to the peripheral nerves by increased blood flow.