

SOUND THERAPY -> NEUROANATOMY -> THE HUMAN BLOOD

The ancient man perceived the sound of the wind, the rustling of leaves, and the rhythmic undulating tall grass as desirable, appealing sensations and therapeutic in value way before musical notes and terms were discovered.

Greek physicians used flutes, lyres, and zithers to heal their patients. They used vibration to aid in digestion, treat mental disturbance, and induce sleep. Aristotle (323–373 BCE), in his famous book *De Anima*, wrote that flute music could arouse strong emotions and purify the soul. Ancient Egyptians describe musical incantations for healing the sick.

Sound and music is the universal language of mankind - universal as in likeness, diversity.

One of the ways that sound healing works is through the principle of resonance.

When we hear a sound, the vibrations of that sound cause the molecules in our bodies to vibrate at the same frequency. This can create a sense of peace and relaxation, and it can also help to heal imbalances in the body.

The **neuroanatomy** of the limbic system - the part of the brain involved in behavioral and emotional responses, has proven its intellectual function in support of rest and digest vs

fight or flight modes. In the 1950s, when psychosurgery was legal in the US and experiments were made on the brain, those exposed to stimulation of hypothalamus by 70 millivolts of electricity would throw the subject into rage. But if one played soothing classical music while stimulating this region, the subject would not show anger.

Moving on to the **circulatory system**, recent compelling research found that sound increases the lifespan of **red blood cells** while at the same time it increases their oxygen carrying capacity. *(Research by John Stuart Reid and Professor Sungchul Ji.)*

- Experiments included a whole vial of **human blood immersed in music for 20-minutes** and another control vial from same subject maintained in a quiet environment in the same lab.
- After 20-minutes, when red blood cell count was done on both, it was discovered that the music-immersed blood had **significantly more viable red blood cells** than the control vial.
- The music increased the red blood cells' **capacity to bind and deliver oxygen**, and along with that, the heartbeat played a huge role in the oxygen increasing effect!

Professor Ji found that structured water surrounding proteins responds to the infrared energy of sound by resonance to initiate folding for body's biological processes!

Our cells emit music.

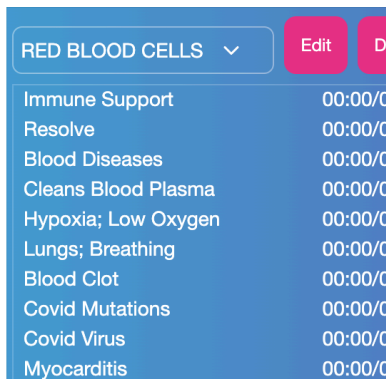
The tune is much different from healthy cells versus cancerous cells.

The cellular frequencies are much different in healthy cells than in unhealthy cells.

You may experience this with AO Scan frequency therapy:

The next time you decide to run a scan, think of the following blood restructuring protocol:

- Run **inner voice** and begin to listen to your harmonics
- While listening, select **VITALS**, Deselect all, and select ONLY BLOOD, and run/optimize
- Next, select **BODY SYSTEMS**, Deselect all, and select ONLY the following: Circulatory, Respiratory, Human Cell and Mitochondria; and scan/optimize.
- Run the **SEFI** below (you may add your harmonics here for more fluidity).



Note: If without AO Scan, you may use any other cellular resonance feedback medium you have that allows you access to the circulatory system and sound resonance for cellular shifts and quantum level healing.